

W I N T E R C L E A N I N G

the

Cleaning Schedule

Once a Day

- Make your bed.
- Empty or load the dishwasher.
- Wipe down the counters and sinks.
- Fold or load one load of laundry.
- Quickly sweep or vacuum high traffic areas.
- Pick-up in main living areas.
- Sort your mail.
- Put away any clutter.
- Clean as you cook.

Once a Week

- Mop/steam kitchen and bathroom floors and any other uncarpeted flooring.
- Clean toilets, showers, and bathtubs, and clean mirrors.
- Dust and vacuum.
- Wash/change bed sheets.
- Clean bedrooms.
- File paperwork.
- Empty trash cans.
- Empty hampers finish laundry.

Once a Month

- Vacuum baseboards and vents.
- Wipe out all medicine cabinets.
- Wash all rugs.
- Wipe down doors, knobs, walls, and switch plates.
- Clean inside of microwave and ovens.
- Disinfect garbage cans.
- Clean out refrigerator and freezer.
- Vacuum or sweep inside couches and under couches.
- Run a duster mop over walls, ceilings,

Once a Season

- Sort through all of your closets including any storage areas to donate items, keep items or throw away items you no longer need.
- Clean out cupboards and pantry.
- Clean throw pillows and blankets.
- Wash windows, window seals etc.
- Wash comforters.
- Dust hard to reach places.
- Wash or dry clean curtains, window blinds or drapes.

